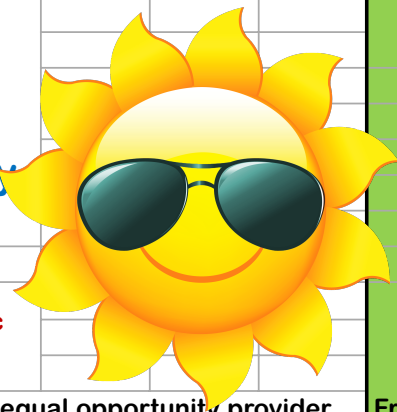


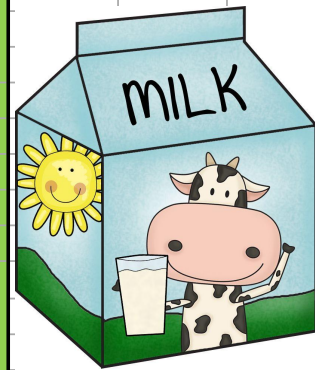
# Preschool Menus for May 2023



Shelby County Public Schools

This institution in an equal opportunity provider.

Fresh Orange (22g)	Mandarin Oranges (17g)
Fresh Apple (25g)	Applesauce (13g)
Fresh Apple Slices	Applesauce Cup
Fresh Banana	Peach Slices (16g)
Fresh Grapes	Diced Peaches
Fresh Strawberries	Pineapple Tidbits (22g)
Fresh Pear	Diced Pears (14g)
Craisins (28g)	Frozen Peach Cup
Frozen Strawberry Cup (30g)	



**Cycle One Menus Served**  
**May 8-12**

Cycle 1 Monday	Cycle 1 Tuesday	Cycle 1 Wednesday	Cycle 1 Thursday	Cycle 1 Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Mini Pancakes (36g)	Breakfast Pizza (17g)	Sausage Biscuit (30g)	Cheerios (1g)	Strawberry Yogurt
Peaches (16g)	Applesauce (13g)	Juice (14-19g)	Pineapple Tidbits (22g)	Cinn. Bug Bites
1% White Milk (13g)	1% White Milk (13g)	1% White Milk (13g)	1% White Milk (13g)	Mandarin Oranges(17g)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pasta w/ Beef Sauce	Turkey & Cheese Sand	Chicken Strips (3ea)	Hamburger on WG	Grilled Cheese Sand.
Breadstick(14g)	Green Beans(3g)	WG Roll (22g)	Baked Beans (50g)	Cooked Carrots(6g)
Broccoli (1/2c)	Peaches (16g)	Mashed Potatoes (34g)	Mandarin Oranges (17g)	Pineapple Tidbits(22g)
Pears (14g)	1% White Milk (13g)	Applesauce (13g)	1% White Milk (13g)	1% White Milk (13g)
1% White Milk (13g)		1% White Milk (13g)		

**Cycle Two Menus Served**  
**May 15-19**  
**No school May 16**

Cycle 2 Monday	Cycle 2 Tuesday	Cycle 2 Wednesday	Cycle 2 Thursday	Cycle 2 Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Sausage Biscuit	Egg & Cheese Biscuit	Breakfast Pizza (17g)	Cinn. Toast Crunch(6g)	Mini Pancakes(36g)
Juice (14-19g)	Applesauce (13g)	Apple Slices (7g)	Pineapple Tidbits(22g)	Mandarin Oranges(17g)
1% White Milk (13g)	1% White Milk (13g)	Applesauce(13g)	1% White Milk (13g)	1% White Milk (13g)
		1% White Milk (13g)		
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pizza Crunchers (3 ea)	Cheese Quesadilla	Chicken Nuggets	Chesseburger(WG)	Pizza
Green Beans (3g)	Corn (21g)	WG Roll (22g)	Baked Beans (50g)	Steamed Broccoli
Applesauce(13g)	Pineapple Tidbits(22g)	Cooked Carrots(6g)	Peaches (16g)	Fruit Cup
1% White Milk (13g)	1% White Milk (13g)	Mandarin Oranges	1% White Milk (13g)	1% White Milk (13g)
		1% White Milk (13g)		

**Cycle Three Menus Served**  
**May 1-5**

Cycle 3 Monday	Cycle 3 Tuesday	Cycle 3 Wednesday	Cycle 3 Thursday	Cycle 3 Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Mini Waffles	French Toast (26g)	Breakfast Pizza (17g)	Rice Chex(2g)	Chicken Biscuit
Peaches(16g)	Sausage Patty	Apple Slices (7g)	Pineapple Tidbits(22g)	Juice (14-19g)
1% White Milk (13g)	Applesauce (13g)	Applesauce EHS	1% White Milk (13g)	1% White Milk (13g)
	1% White Milk (13g)	1% White Milk (13g)		
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Calzone (32g)	Grilled Cheese Sand.	Beef Sliders	Chicken Slider Sand.	Ham & Cheese Slider
Green Beans (3g)	Baked Beans (1/2c)	Potato Smiles (4)	Cooked Carrots (3/4c)	Steamed Broccoli
Pears (14g)	Pineapple Tidbits(22g)	Baked Apples	Peaches (16g)	Mandarin Oranges
1% White Milk (13g)	1% White Milk (13g)	1% White Milk (13g)	1% White Milk (13g)	1% White Milk (13g)