

West Middle Basketball

2020-2021

Conditioning for the 2020-2021 Basketball season will start 11/2 and go through 11/16. Open gym will start 11/16 and tryouts will be 11/23. With the current COVID-19 restrictions in place all students who wish to participate in conditioning starting 11/2 are asked to sign up by Tuesday 10/27.

Each student who signs up will be assigned a conditioning group by the coaching staff. Your group and conditioning schedule will be communicated via email on or before 10/31.

To participate each student will need a current physical, water bottle, and athletic/tennis shoes.

To sign up; please email Coach Poole and Coach McIntyre at nrpoole12@gmail.com and jerry.mcintyre@shelby.kyschools.us with the following info:

Student Name: _____
Student Grade: _____
Student Phone #: _____
Parent/Guardian Phone #: _____
Student Email: _____
Parent/Guardian Email: _____

NOTE: Any student who is a member of the football team we ask that you still sign up for conditioning if you plan to try out for basketball this season. You will be assigned to your own group and will not start basketball activities until your season is complete. Good luck in the playoffs! Bring home State!

Nathan Poole
Head Coach
nrpoole12@cubbank.com
502-321-3617

Jerry McIntyre
6th Grade Coach
jerry.mcintyre@shelby.kyschools.us