



SPARTANS

**MARNEL C. MOORMAN
CHEERLEADING 2019**

**Kenzie King
mackenzie.king@shelby.kyschools.us
(502) 649-5533 3:00pm-8pm**

Dear Cheerleader Candidate and Parents,

Thank you for taking an interest in the Marnel C. Moorman Cheerleading Program. We are all looking forward to a wonderful and exciting year for everyone involved. This handbook is designed to help you understand that cheerleading is more than just yelling out cheers and showing up for a game. It is an attitude. It is spirit, pride, hard work, dedication, a sense of who you are, and the beliefs of the school you represent. We hope this handbook will help you see clearly through all the "show" of cheerleading and focus on what really counts: pride in yourself, your classmates, and MCMS. You will be expected to maintain an acceptable academic level in school and behave in a manner, which is considered respectful and mature. You will be an ambassador of Marnel C. Moorman and must always represent it honorably. You are not a football or basketball cheerleader. You are a Marnel C. Moorman cheerleader and will cheer and lead in that way. A good cheerleader maintains a healthy balance in life, combining schoolwork, activities, and a competitive spirit. We are here to help you find that balance and have fun doing it. Make no mistake, it is hard work and a big commitment. Please read this handbook carefully and keep it for your reference. Be prepared to bring it with you to practice if you are asked to do so. It is also important that your parents/guardians review this handbook and understand the guidelines for becoming a Marnel C. Moorman Cheerleader. Both the cheerleader candidate and a parent/guardian must sign the agreement before the candidate will be allowed to attend practice or tryouts. Good luck and GO SPARTANS!

Student-Athlete Expectations

Academics

Marnel C. Moorman's grade policy for student-athletes is strictly enforced. Any student who has one or more F's on his, or her progress report, or report card during the full season (spring, summer, or fall) will be suspended indefinitely until progress is shown. Progression is completely up to the coaches and/or administrator's discretion.

Behavior

Student-athletes will follow in accordance with Marnel C. Moorman's behavior policy for athletes.

- Players should always conduct themselves as young men and women on the field, at school, and in public.
- Use good manners and always be respectful. Players should never want to embarrass themselves, family, teammates, community or coaches, and always represent MCMS with honor and good behavior.
- No weapons, drugs, alcohol, tobacco, or any electronic gadgets (vaporizer) used to smoke are allowed, and are prohibited. There are NO EXCEPTIONS!!! A violation of this rule is an automatic dismissal from the team and further investigation may follow. Appropriate school defined consequences may result as well.
- Detention and behavior problems in school will not be tolerated. Coach Kenzie will deal with the issues depending on the severity of the problem.
- Out of school suspension or Alternative to Suspension (ATS) may result in automatic dismissal from the team.
- Athletes are expected to dress neatly in accordance with the school dress code policy which includes piercings, tattoos, hair, etc. Proper appearance will be to Coach Kenzie discretion.

Practice and Game Guidelines

- **ALL PRACTICES ARE CLOSED!!!** Let's all be mindful of each other. No parent or guardian will be permitted on the field (court) during practices or games.
- Parents/Guardians, if you are asked to leave a practice or game, just leave! If not, the school administration and/or proper authorities will be notified. Remember, it is about the kids. Please do not ruin this experience for them.
- All players are expected to be in attendance, arrive on time, and be an active participant at all times. If a function is to be missed, it must be cleared directly with the Coach Kenzie. Being allowed to miss the function is up to the discretion of the coach. The determination that it is a violation and discipline as a result, is also at the coach's discretion. Please do your best not to schedule appointments during practices or games.
- There is to be no parental contact with players during the game or practice. Coach Kenzie is available for emergencies.
- If a player is sick or has an injury, Coach Kenzie is to be informed as soon as possible. Players are not cleared from practice unless a doctor approves your absence and documentation is submitted to the coaching staff. Please do not try to self-diagnose.
- Three things players, coaches, and parents cannot control are referees, the other team, and the weather. Let's all be respectful and not complain about any of them.
- No concession stands ran during games/practices unless it is planned in conjunction with Coach Kenzie and/or the Dean of Students.
- Be positive at all times and encourage our kids!!!
- NO PROFANITY!!! (Players/Parents/Guardians).

Practice and Game Guidelines

- There will be no discussion of position on the team, location in the routine, game strategy, or other players on the team. NO EXCEPTIONS!!!
- Meetings will only take place after Coach Kenzie has been contacted, one or more coaches and the Dean of Students will be present. All school-issued equipment must be present at the meeting.
- Meetings will never take place on a game day or during practice unless it is an emergency deemed by the coach, Dean of Students, or administration.

- Parents/Guardians are asked not to criticize the referees, coaches, and other players.
- Parents/Guardians are expected to notify Coach Kenzie of all illnesses, appointments, injuries, etc. ASAP - Please do not wait until practice/game has already started.
- Please refrain from coaching from the stands.
- Parents/Guardians should conduct themselves in an orderly fashion as not to embarrass yourselves, child, school, district, or community.

Proper Uniform Requirements

- Uniforms must be clean at all times. (wash uniform alone, in cold water and lay flat to dry)
- Hair pulled back clean/tight (Team Hairstyle will look the same, determined by Coach Kenzie, hair should not hang in the face)
- Cheer Bow
- Sweatpants, UGG boots, sandals, and other non-MCMS Cheer clothing may NOT be worn with uniforms during games or other performances.
- Nails must be trimmed below finger and be free of polish. No fake nails.
- No jewelry (this includes body jewelry or plastic inserts) may be worn while cheering at games, practices or competitions (if you are unable to remove all jewelry you will not participate)
- Plain white Cheer Shoes & white crew-length socks
- Make up should be performance ready yet subtle (uniforms should not be damaged from makeup) game and performance day is team day, not a day to wear your own personal make up style, you will be told what is acceptable, if you are missing pieces of your uniform on game day, you will not be given a loaner piece, you will not cheer for that game.

Male Cheerleaders

All male cheerleaders must be well-groomed at all times and maintain a masculine collegiate look. Absolutely no make-up.

Fundraisers

Fundraisers will be required by the cheerleaders to help offset the expense of paying for uniforms and other needs that may arise. If a cheerleader does not participate in the fundraiser, they will be assessed a portion equal to each share that was raised by each participant. Funds raised are to be used for group

activities and events, not personal items. All fundraisers are to have prior approval by the administration and/or sponsor.

All policies, rules, and guidelines will be strictly enforced. If any situation or matter occurs the Marnel C. Moorman extracurricular policies and guidelines will be enforced. Any matter pertaining to the Marnel C. Moorman Cheerleading program is to be at Coach Kenzie's discretion in conjunction with the Dean of Students, and administration. Coach Kenzie reserves the right to update the handbook and will notify parents should this happen. Thank You!

Commitment Page

I have read the 2019 -2020 version of the Spartan Cheerleading Handbook and agree to all the conditions of representing the Spartan Program-

Player's Signature and Date

Parent's/Guardian's Signature and Date

**Please bring this signed form, along with the completed contact information form below, to tryouts.*

Contact Information

Student Name: _____

Parent/Guardian Name(s): _____

Grade (by tryouts): _____

Student Email Address: _____

Parent/Guardian Email (s): _____

Student Cell phone: _____

Parent Cell Phone: _____

Parent/Guardian Cell Phone:(1) _____

(2) _____

Address:
