



SPARTANS

MARNEL C. MOORMAN 2019 DANCE TEAM

HEAD COACH: EVE BRAND
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Dancer Eligibility

1. Because of the time commitment required, students who participate in other sports/extracurricular activities from July to March may need to choose between dancing and the other activity. If she chooses to participate in two sports/activities, she will not be excused from a dancing event in order to attend the other event.
2. A dancer is ineligible to dance the entire night of a ball game if she misses the practice before a game. She is still required to attend the game in full uniform.
3. If a dancer is too sick to attend a game, she is too sick to leave the house (ex: go to a friend's house, go on a trip, etc.). If going to a game would endanger the dancer's health, then the coach should be notified.
4. A dancer is ineligible to dance at a ballgame if she misses any part of the school day of the game. Exceptions are:
 - a. Doctor's appointment with a note from the doctor and principal approval
 - b. Death in the family
 - c. Signed permission from the principal
5. Dancers must maintain the Marnel C. Moorman's grade policy for athletes. Any dancer who has one or more F's on her progress report or report card during the full season (spring, summer, or fall) will be suspended indefinitely until progress is shown. Progression is completely up to the coaches and/or administrator's discretion.

Practices

1. The coach will call up to three practices a week during non-game weeks. Practices and performances will attempt to be announced at least one week in advance as determined by the coach. Every effort will be made to distribute a monthly calendar.
2. Gum will not be chewed.
3. (With the exception of the first 2019-20 school year) some practices will be held in the summer, after July 15th. Family vacations are excused absences.
4. Each girl will be allowed 3 unexcused absences. The unexcused absence may not be used prior to an upcoming competition. If you take an unexcused absence the week before a competition, you will not be in the

competition routine. You cannot split the unexcused absences in half. Meaning if you miss half the practice, you will have to use the entire unexcused absence pass.

5. It is the dancer's responsibility to inform the coach of an absence.

This information should not come through another dancer.

Consequences will be issued to those not abiding by this policy.

6. A dancer will be benched one game for every absence after she has used her unexcused absence passes. After three additional absences occur beyond the unexcused absence passes provided, a dancer will be dismissed from the team.
7. Excused absences are:
 - a. Doctor's appointment with a note from the doctor and principal approval
 - b. Death in the family
 - c. Illness (must have signed note from parent/guardian)
 - d. Overnight school trips
8. If new material is taught the day a dancer is absent, it is the dancer's responsibility to learn it BEFORE the next practice. It is unfair to the squad to re-teach the material.

Punctuality

1. Attendance and punctuality at all meetings are required. The coach should be notified prior to the practice or meeting by the dancer.
2. If there is an academic reason for which you must be absent during part of practice (ex: tutoring, etc.) a note from the teacher explaining the situation must be presented to the coach by the dancer upon returning to practice in order for the dancer's tardy to be deleted. Detention hall and/or suspension are not considered an academic reason for tardiness.
3. Dancers who are tardy will be required to do jumps as a consequence. Habitual tardiness will result in being benched from performances and possible dismissal from the team.

Conduct

Dancers will follow in accordance with Marnel C. Moorman's behavior policy for athletes.

1. Since dancers are representatives of our school, it is extremely important for their conduct to be a positive example both inside and outside of the classroom. Friendliness, cheerfulness, courtesy, and an eagerness to help should be exercised at all times.
2. Dancers should use good manners and always be respectful. Dancers should never want to embarrass themselves, family, teammates, community or coaches, and always represent MCMS with honor and good behavior.
3. The following should be practiced at all times:
 - a. Ability to take and give criticism
 - b. Avoid emotional scenes, including fighting or giving "looks"
 - c. Avoid disrespectful or inappropriate attitudes toward the coach
 - d. Practice sportsman-like conduct at all games and competitions
 - e. Treat others as you would want to be treated
 - f. Never use profanity
4. Dancers are to work as a team. Members' friendships or non-friendships must not have a negative impact on the squad. Causing uneasiness on the team is grounds for dismissal.
5. No weapons, drugs, alcohol, tobacco, or any electronic gadgets (vaporizer) used to smoke are allowed, and are prohibited. There are NO EXCEPTIONS!!! A violation of this rule is an automatic dismissal from the team and further investigation may follow. Appropriate school defined consequences may result as well.
6. Detention and behavior problems in school will not be tolerated. Coach will deal with the issues depending on the severity of the problem.
7. Out of school suspension or Alternative to Suspension (ATS) may result in automatic dismissal from the team.

Appearance

1. No jewelry should be worn at practices, performances, or competitions.
2. Colored nail polish distracts from uniformity, so only colorless or French manicures can be worn in uniform.
3. Hair should be neatly combed and styled according to game requirements. Make-up may be applied to enhance the dancer's features but is not required (with the exception of a competition setting).
4. A dancer should not allow anyone to wear/use any part of their uniform. The uniform should only be worn for events that the team is a part of. Special permission must be granted by the coach otherwise.
5. Each dancer will assume complete responsibility for her uniform. Should any mishap occur which destroys any part of the uniform, she will be liable for it. Also, if any school-provided items are not returned at the end of the year, she will have to replace them.

Games

1. Game performances will be made known at least one week in advance. Every effort should be made to clear schedules so that the dancer can participate in the activities and preparation can be made to perfect routines.
2. Dancers should arrive at the announced time ready to warm-up and perform. Consequences mentioned earlier will apply to tardies.
3. Dancers will be expected to perform at pre-game activities as well as at half-time.
4. The team will sit together in the stands and must be involved in the ball game. They should expect to stay for the entirety of the game unless permitted by the coach to leave. Consequences will be issued to those not abiding by this policy.
5. Inappropriate conduct (poor sportsmanship, etc.) in the stands will not be tolerated.
6. Any dancer who cannot demonstrate preparedness of a routine will not be allowed to perform; however, they will be expected to attend the game and sit with the coach.

Events

1. As representatives of the school, dancers will be expected to participate in community service events as a team. These events will be announced in advance and will be included in the monthly calendars.
2. Any suggestions for community service events must be approved by the coach in a timely manner so that necessary preparations can be made.

Dismissal

1. Dancers may be removed from the squad for various reasons:
 - a. Excessive tardies
 - b. Abuse of the school's no smoking, drugs, or drinking policy
 - c. Repeated benching for unpreparedness
 - d. Causing conflict within the squad
 - e. Academic ineligibility
2. If a dancer decides to quit or is dismissed after making the squad, she will not be allowed to try-out for one calendar year.

Other MCM Parent/Guardian Guidelines

- Please refrain from parental contact with dancers during performances or practices. Coach Brand is available for emergencies.
- Be positive at all times and encourage our kids!
- Profanity is prohibited from both dancers and parents.
- Parents are asked not to criticize coaches or other dancers.
- Please refrain from coaching from the stands.
- Parents should conduct themselves in an orderly fashion as not to embarrass themselves, the child, school, district, or community.

All policies, rules, and guidelines will be strictly enforced. Any matter pertaining to the Marnel C. Moorman Dance program is to be at Coach Brand's discretion in conjunction with the Dean of Students and administration. Thank You!

Commitment Page

I have read the 2019 -2020 version of the MCMS Spartan Dance Team Handbook and agree to all the conditions of representing the Spartan program.

Player's Signature and Date

Parent's Signature and Date

**Please bring this signed form, along with the completed contact information form below, to tryouts.*

Contact Information

Student Name: _____

Parent/Guardian Name(s): _____

Grade (by tryouts): _____

Student Email Address: _____

Parent/Guardian Email (s): _____

Student Cell phone: _____

Parent Cell Phone: _____

Parent/Guardian Cell Phone:(1) _____

(2) _____

Address:
