

COVID CORONAVIRUS DISEASE 19

What you need to know about coronavirus disease 2019 (COVID-19)



What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but now it seems to be spreading from person to person. Some diseases are highly contagious (like measles), while other diseases are less so. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of:

- fever
- cough
- shortness of breath

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to avoid being exposed to the virus that causes COVID-19.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. *How can I help protect myself?*

There are simple everyday preventive actions to help prevent the spread of respiratory viruses.

These include

- *Avoid close contact with people who are sick.*
- *Avoid touching your eyes, nose, and mouth with unwashed hands.*
- *Wash your hands often with soap and water for at least 20 seconds*

If you are sick, to keep from spreading respiratory illness to others, you should

Stay home when you are sick.

Cover your cough or sneeze with a tissue,

What should I do if I recently traveled to China and got sick?

If you were in China within the past 14 days and feel sick with fever, cough, or difficulty breathing, you should seek medical care.

For more information: www.cdc.gov/COVID19

For Free Flu Shot contact North Central District Health Dept. (502) 633-1243