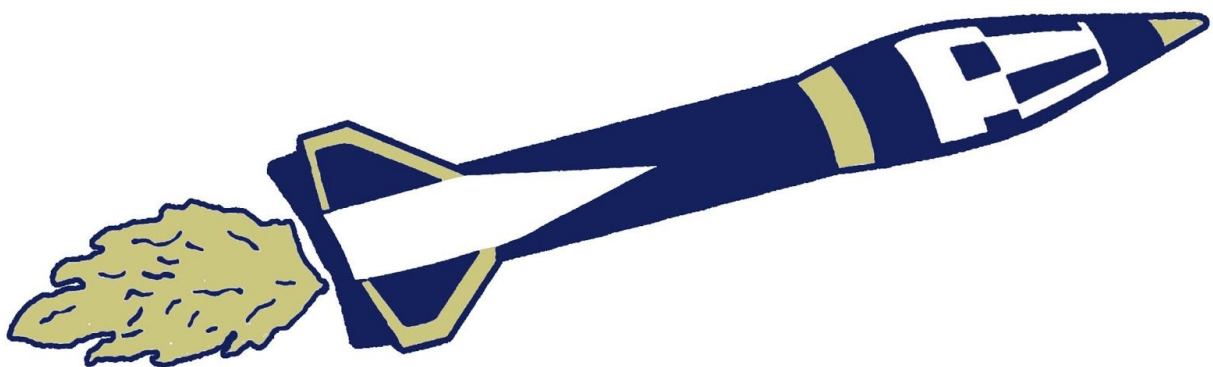


ROCKET
ATHLETICS
COVID
SUMMER
PLANS



ATHLETIC DIRECTOR- CHARLOTTE MARSHALL, 502-220-9556
ATHLETIC TRAINER- AMANDA CARROLL, 309-369-6344

-PHASE 1- JUNE 8TH-JUNE 13TH

SCHS ATHLETIC STAFF WILL WORK TO PREPARE ALL FACILITIES PER GUIDELINES SET FORTH BY THE KHSAA, CDC, GOVERNOR, AND SCHOOL DISTRICT. SIGNAGE, THERMOMETERS, CLEANING SUPPLIES

Coaches will conduct zoom meetings with athletes and parents and be ready to share all info regarding the steps in place to get back to activities. **ALL COACHES HAVE BEEN INSTRUCTED TO SUBMIT INDIVIDUAL WORKOUT PLANS AND TIMES TO BE APPROVED PRIOR TO PHASE 2.**

-PHASE 2- JUNE 15TH- JUNE 28TH

SCHS can begin to work out ON/AT SCHS FACILITIES and will FOLLOW ALL GUIDELINES SET FORTH BY THE KHSAA, CDC, GOVERNOR, AND SCHOOL DISTRICT. There is to be NO MORE THAN 10 PEOPLE IN A GROUP, WHILE ALWAYS MAINTAINING SOCIAL DISTANCING.

-PHASE 3- JUNE 29TH- JULY 12TH

Per the Governor and KHSAA at this time the group can now be up to 50 people all while continuing to maintain SOCIAL DISTANCING. SCHS will take a look at the previous two weeks and determine if we can or should proceed with those recommendations. We will wait to see what further guidelines are set in place after July 12th.

WORKOUT/MEETING PROCEDURES

1. Prior to coming to campus, all athletes will know when to check in, where to check in, and what to bring with them **(WATER WILL HAVE TO BE BROUGHT TO ALL ACTIVITIES, WATER WILL NOT BE PROVIDED)**
2. Athletes are to stay in their vehicle until their reported time of check in. Athletic staff will help to monitor this. Athletes are NOT permitted to leave their vehicles **(NO EXCEPTIONS)** There will be designated spots marked to follow ALL SOCIAL DISTANCING GUIDELINES
3. Before being allowed entrance to the facilities, Coaches will take the temperatures of the student athletes and ask them COVID questions, document temperature and allow entrance. There will be a tracking system to monitor temps taken. **IF STUDENT ATHLETES ANSWER YES TO ANY OF THE COVID**

QUESTIONS, THEY WILL BE ASKED
TO LEAVE IMMEDIATELY.

GUIDELINES, PROCEDURES and EXPECTATIONS

- Mike Casey Gymnasium is closed during this time until further notice.
- **INDOOR FACILITIES ARE NOT TO BE USED**
- All activities/workouts will take place at Robert Doyle Stadium on the track and practice fields for the sports of Basketball, Football, Volleyball, Cross Country Cheer and Dance. Cross Country will also utilize the course as long as social distance guidelines are followed.
- Soccer, Baseball, and Softball will take place at the Athletic Complex on the practice grass fields behind building 6 and the game field as well as the outfields
- Golf will take place at the home site for Rockets Golf (GIRLS GOLF COACH IS

GOLF PRO at Clear Creek so facility will be used at times but is already been cleared for usage via the parks and earlier regulations from the Governor

- Some sports will not start until after July 12TH.
- Stations will be marked as to where groups will have to be at each outdoor facility and will always practice guidelines set forth by the KHSAA, CDC, Governor, and School District
- Time slots will be given to coaches as to when their workouts will be. **TIME SLOTS ARE TO BE FOLLOWED AT ALL TIMES.**
- Based on the number of kids per team, will determine the time slots needed and days for teams
- Once kids are placed in a **GROUP OF 10**, they are not to be switched unless **APPROVED BY ATHLETIC DIRECTOR** (must have documentation on why a group switch is needed)

OTHER INFO **NEEDED**

1. An updated KHSAA Sports Physical is **REQUIRED** to participate
https://khsaa.org/forms/ge04_english-complete0719.pdf
2. **ALL WORKOUTS ARE ON A VOLUNTEER BASIS AND NOTHING IS MANDATORY AT THIS TIME.**
3. Cleaning Supplies will be delivered to each coach to be stored in their offices, **AND** stored in designated areas of each facility.
4. **NO PARENTS/FANS WILL BE ALLOWED AT FACILITIES DURING THIS TIME. COACHES, ATHLETES AND ADMIN STAFF WILL BE ALLOWED.**

IMMEDIATE **RESOURCE**

THE FOLLOWING LINK IS A RESOURCE FROM THE KHSAA ON THE SUMMER COVID PLAN. ALL COACHES HAVE BEEN ADVISED AND HAVE READ THROUGH THE INFORMATION AND CAN ALWAYS RELATE BACK FOR FURTHER GUIDANCE

<http://khsaa.org/resources/Covid19/khsaajune2020covidallowancesandrestrictions.pdf>